



FRONT PAGE NEWS

TITLE I SCHOOLS



Twenty Minutes of Reading Every Night

There is a wealth of research supporting daily reading with your child especially before and during the time when he is learning to read

Reading is "Brain Food"

Our brains develop as we "feed" them with experiences. The experience of reading (whether you're the reader or the one being read to) "exercises" many of the areas of the brain. Reading provides one of the most important brain activities available in life.

K12 Reader, Reading Instruction

The information below is from a research study on daily reading and young students. The study compares three students: Student "A" reads 20 minutes every day, Student "B" reads 5 minutes every day and Student "C" reads 1 minute every day.

Why Can't I Skip My 20 Minutes of Reading Tonight?

Student "A" reads 20 minutes each day	Student "B" reads 5 minutes each day	Student "C" reads 1 minute each day
3600 minutes in a school year	900 minutes in a school year	180 minutes in a school year

1,800,000 words



90th percentile

282,000 words



50th percentile

8,000 words



10th percentile

By the end of 6th grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life?

(Nagy & Herman, 1987)

Reading every day for 20 minutes really makes a difference!!!!

Reading Activities at the Grocery Store

Most children love pasta and there are many varieties, rigatoni, linguini, macaroni, spaghetti and many more. While going down the pasta aisle, talk with your child about what is the same and what is different between the different pastas. For example:

- Spaghetti and linguini are long and skinny compared to the macaroni. The macaroni is like a small tube.
- You can point out that macaroni and rigatoni are rhyming words; so are linguini and tortellini.

Help your child choose items by reading labels on the containers. Have her find the label that says low-fat.

Show your child the list of ingredients on the label. Point out the amount of sugar, salt or fat the product contains.



Registration Dates: 4K, 5K and Grade 1

2015-2016

January 20-February 3, 2015

7:30 am - 3:30 pm

Extended Day -Thursday, January 22, 2015, 7:00 am - 6:00 pm